## **Our Mission**

Since 1987, SERV Achievement Centers, Inc. has been providing teaching, training and support to individuals with intellectual impairments and youth with behavioral challenges and emotional problems.

Services are individualized and based on an approach that utilizes the principles of Applied Behavior Analysis in its treatment planning, teaching and provision of services.

All services promote individual responsibility, increase self-reliance and teach individuals and their families the skills necessary for living and working successfully in the community.

SERV Achievement Centers, Inc. offers:

- Residential programs
- Supervised apartments
- Treatment Foster Care
- Vocational Services day programs (at the Progressive Achievement Centers in Mercer and Union Counties)

# Service area for Behavioral Support Services



## **Other Programs at SERV**

For more information about SERV's other programs and services, contact our Administrative Office at (800) 987-SERV (7378)



Behavioral Health System, Inc. 20 Scotch Road, Ewing, N.J. 08628

20 Scotch Road, Ewing, N.J. 08628 Phone: (609) 406-0100 Fax: (609) 406-0307 www.servbhs.org



Building Strength Toward Recovery and Independence

# BEHAVIORAL SUPPORT SERVICES

For families of adults and children with intellectual impairments who are experiencing behavioral or emotional challenges

Serving:

Hunterdon, Mercer, Middlesex, Monmouth & Ocean Counties

#### SERV Achievement Centers, Inc.

20 Scotch Road, 3rd Flr.,Ewing, NJ 08628 Phone: (609) 406-0125 Fax: (609) 406-0302

(800) 987-SERV (7378)



## **Mobile Crisis Response Service**

Mobile Crisis Response Service offers prompt, effective, behavioral intervention services to individuals with intellectual impairments, with or without mental illness, who are in crisis or are exhibiting crisis-like behaviors. A crisis is an intense behavioral episode that threatens the stability of the living arrangement.

This four-week program provides a structured intervention with the goal of re-establishing instructional control for the family/caregiver, promoting a safe environment and preventing the loss of placement or hospitalization.

**PRO-ACTIVE INTERVENTION** — Designed for "at risk" individuals who are exhibiting challenging behaviors. This four-week program educates and trains the parents/caregivers in pro-active teaching approaches designed to decrease inappropriate behaviors and prevent crisis situations from occurring.

**CRISIS INTERVENTION** — A Behavior Specialist comes to the family's home and assists in de-escalating the individual/ family member who is experiencing a behavioral crisis. The behavior specialist will also help transition the individual/ family member back to the home from the hospital upon discharge. A four-week follow-up service is available for continued assistance.

## **Home-Based Services**

Home-Based Services is an intensive, inhome intervention program designed to assist families in which an individual with an intellectual impairment is exhibiting challenging behaviors or skill deficits.

This program is an 8-week intervention designed to resolve behavioral issues in the home while keeping the family intact.

It is specifically designed for families who have a developmentally disabled dependent who is exhibiting behavioral problems that could potentially lead to out-of-home placement to a more restrictive environment.

Individualized support in the home setting enables the families to participate in the care of their loved one while preserving family placement.

#### **Referral Process**

Referrals for both Mobile Crisis Response Service and Home-Based Services must come from the N.J. Division of Developmental Disabilities (DDD) for adults 21 and over; or from the Department of Children and Families (DCF) for children.

**Case Managers:** For MCRS services, call SERV at (800) 987-SERV (7378). For HBS services, contact the Clinical Unit Director at DDD-Lower Central Regional Office.

**Parents/caregivers:** If you think an individual age 21 or older with intellectual impairments would benefit from these services, contact his/her DDD Case Manager. For children, contact the DCF Case Manager.

## **Programs include:**

- In-home assessment of the individual's behavioral needs
- Education & modeling of structuring, coping and communication skills
- Development of formal behavioral intervention to address target behaviors
- Positive and preventive teaching strategies specific to the family
- Behavior-specific treatment and support
- Conceptual feedback to enhance teaching techniques and skills learned
- Collaboration with schools or day programs to maintain a continuity of service delivery
- Ongoing in-home weekly observation, support and assistance in addressing challenging behaviors
- Person-centered planning to maintain a stable home placement for the consumer